



A cooperation with the Swedish Tennis Summit 2025



# TENNIS PERFORMANCE COURSE

## LEARN HOW TO DEVELOP PHYSICAL PERFORMANCE IN TENNIS

with Dr. Mark Kovacs

**10<sup>th</sup>-12<sup>th</sup> October 2025 in Stockholm**



Learn how you prepare tennis players for a consistent and resilient tennis career and how to prevent injuries.

**Course Fee:** €1,690  
*Includes: Conference and Award Dinner on 11th October, plus lunch on all three days.*

**Early Bird Rate:** €1,590 (for registrations received before 1st July)

**Special Rate for PTCA Members:** €1,490 (1<sup>st</sup> July)

**Entry Deadline:** 15<sup>th</sup> August 2025

**Dual-Mode Education Program (Onsite and Online)**  
Earn three internationally recognized certificates and receive **12 transition university credits:**

**Language of instruction:** English

**Certificates:**

- CTPS – Certified Tennis Performance Specialist (ITPA)
- Physical Performance Certificate – ESTESS / (EAU)
- Bronze Badge in Fitness Coaching – WTP – World Teaching Professionals

Enter course to: [hakandahlbo@icloud.com](mailto:hakandahlbo@icloud.com)  
For more info: Mobile: +436502628184



Dr. Mark Kovacs is a renowned sports scientist, coach, and former USTA Director of Sport Science. He is the founder of the Kovacs Institute and co-founder of the International Tennis Performance Association (ITPA). He created the Certified Tennis Performance Specialist (CTPS) course, a leading program for coaches and trainers focused on tennis-specific performance, covering biomechanics, strength, conditioning, and injury prevention. More info about Dr. Kovacs: [kovacsinstitute.com](http://kovacsinstitute.com)

